

Adults Day Programs

Care Parent Network does not endorse and will not recommend any program on this list. This resource is for informational purposes only. Please do your own research.

Program	Areas of Focus	Ages Served	Support Ratio	Location	Notes
ABC-Ca. Autism Foundation	<ul style="list-style-type: none"> 100% Community Based Employment and Volunteer Self-Advocacy Social Skills 	18+	1:4	Richmond 510.758.0433 www.calautism.org	Innovative Choices Day Program
Commercial Support Services (CSS)	<ul style="list-style-type: none"> Employment and Volunteer Community Offerings & Trainings Self-Advocacy Social Strengths Internships Independent Living Skills 	18+	Varies	Antioch: 925.755.4925 Concord: 925.825.5665 Richmond: 510.233.7303 www.vistability.org	
Future's Explored	<ul style="list-style-type: none"> Community Connections Employment & Education Film & Media Personal Wellness 	18+	Varies	Admin Office Concord: 925.332.7183 www.futures-explored.org Concord, Brentwood, Livermore, Antioch, Stockton, Sacramento	
Toolworks	<ul style="list-style-type: none"> Employment Training Community Services Deaf Services Homelessness ADRC: Aging & Adult Disability Resource Center* 	18+ 55+	Varies	Concord: 925.915.9506 Berkeley: 510.649.1322 Deaf: VP: 415.523.0516 www.toolworks.org *22 Battery Street suite 300 S.F. M-F 8:30-4:30 English & ASL 415.733.0990 ext. 614	

George Miller Center (GMC)	<ul style="list-style-type: none"> • Domestic Skills • Vocational Skills • Community Access Skills Training • Senior Program* • TLC – Medical Support 	18+ *50+	1:3	Concord: 925.646.5710 Richmond: 510.374.3981 www.vistability.org	GMC also serves Early Intervention (0-3) and After School Program (7-22)
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ACCESS	<ul style="list-style-type: none"> • Severe Developmental Disabilities and Related Health Conditions • In Home Support and Community up to four hours per day • Recreational and Leisure • Educational and Medical Understanding 		1:1	Alameda County 925.706.1921 And Contra Costa County 925.219.7744 www.vistability.org	
Community Access Program (CAP)	<ul style="list-style-type: none"> • Domestics • Vocational • Recreational • Community Access Training 	18+	1:3	Concord: 925.685.9742 Antioch: 925.706.1921 Richmond: 510.222.8266 www.vistability.org	
Community Integrated Work Program (CIWP)	<ul style="list-style-type: none"> • Vocational Training • Community Integration • Self-Advocacy • Health Maintenance • Behavioral Supports • Door to Door Transportation 	18+	1:3	Antioch 925.778.2905 antioch@ciwp.org www.ciwp.org	
Inroads	<ul style="list-style-type: none"> • Self-Advocacy • 100% Community Based • Job Exploration • Employment • Mobility Training 	18+	1:4	Antioch: 925.706.1405 Concord: 925.494.2501 Richmond: 510.222.8266 www.vistability.org	

	<ul style="list-style-type: none"> • Education • Social Skills • Recreational Activities • Door to Door Transportation 				
Las Trampas	<ul style="list-style-type: none"> • Community Inclusion • Self-Advocacy • Self-Care • Social Skills • Vocation Exploration 	18+	Varies	Lafayette 925.284.1462 www.lastrampas.org	
RES Success	<ul style="list-style-type: none"> • Employ & Volunteer Skills • Education • Community Integration • Social Skills • Cognitive Behavioral Self-Management • Expressive Arts • Healthy Living Skills 	18+	1:3	Martinez Pleasant Hill Pittsburg Hercules 925.719.1830 www.ressuccess.org	
Visions	<ul style="list-style-type: none"> • Vocational Skills • Life Skills • Self-Advocacy Tools • Entrepreneurial Opportunities 	18+	1:4	Richmond 510.776.5051 www.visionsadp.com	
California Mentor	<ul style="list-style-type: none"> • Learning Vocational Skills • Independent Living Skills • Paid Employment • Earn a College Degree • Community Based Day Program • Center Based Day Program 	Varies		Antioch Pinole 855.636.8672 https://www.ca-mentor.com/adult-services/day-programs/	Partners with Cole Vocational Services
Mission Hope	<ul style="list-style-type: none"> • Self-Advocacy • Self-Regulation • Community Inclusion • Recreation & Leisure Activities • Independent Living Skills 	18+	1:3	Antioch 925.706.7517 Brentwood 925.516.2222 Dublin 925.560.9582 Fremont 510.226.1600 Hayward 510.888.9231	

	<ul style="list-style-type: none"> • Remote Services • Transportation Services 			Main Office: 925.361.0570 www.mhdp.org	
Hand In Hand	<ul style="list-style-type: none"> • Independent Living Skills • Self-Advocacy • Self-Regulation • Self-Care • Communication Skills • Social-Recreation-Leisure • Mobility Training • Community Access 	18+	Varies	Concord 925.332.7973 www.handinhandforprogress.com	
Asian Family Resource Center (AFRC)	<ul style="list-style-type: none"> • Culturally Sensitive Activities Based on Personal Preference in Cantonese, Mandarin, Taiwanese, Vietnamese, Mien • Accessing Community Resources is an integral part of the services provided 	18+	1:4	Richmond and Concord 510.221.2782 www.vistability.org	
Pathway to Choices	<ul style="list-style-type: none"> • Employment • Computer Skills Development • Behavior Management • Literacy • Creative Arts • Health & Wellness • Community Involvement 	18+	1:4	Pinole 510.724.9042 www.pathwaytochoices.net	
Vistability Formerly Contra Costa ARC	<ul style="list-style-type: none"> • Early Intervention Services • After School Services • Adult Services • Senior Services • Medically Fragile Services 	0-3 7-22 18+ Retirees	1:3	Concord, Martinez, Antioch, Richmond 925.370.1818 www.vistability.org	

	<ul style="list-style-type: none"> • All of the above services provide domestic training, recreation, vocational training and paid employment, community navigation, social awareness 				
Catalyst Cares Adult Day Program	<ul style="list-style-type: none"> • Employment Opportunities • Behavioral Programs • Cooking • Learning Center • CPR Training 	18+	Unknown	El Sobrante 510.229.3029 www.ccaresadp.com	